

Editorial Guidelines

Terapia Familiare

Manuscripts must be sent to this journal through E-mail to: redazioneterapiafamiliare@accademiapsico.it

Manuscripts submitted for publication must follow the instructions for authors listed below:

Once the review process is closed, a new version of the article should be sent to the Editorial board and it should contain **name(s) of author(s), affiliation (university, research centre, etc.), address and phone numbers of the author(s)**. Further details about the article are to be clearly indicated as footnote in the first page, using * and ** as reference mark, while for the footnotes through the text make use of the numerical system starting over with number 1 at the beginning of each paper.

A concise and factual abstract in Italian and in English is required. Each abstract should give the salient information on the contents of the article and be expressed in the third person (Example: the authors affirm that...). All articles written in Italian must include the English translation of the title.

Immediately after the abstracts, provide a maximum of 6 keywords in Italian and 6 in English. Words selected should reflect the essential topics of the article and will be used for indexing purposes.

Each article, including footnotes and references section, **should not exceed 20 typed pages** including references. We suggest you to use paragraphs, that is without too short phrases.

Layout of the text

Each article should be in A4 size (to select A4, click Page Setup on the File menu).

The text has to be set up according to the following features.

Top margin cm 5,5

Bottom margin cm 6,2

Left margin cm 4,6

Right margin cm 4,6

Heading cm 4,3

Footer cm 5,3

Gutter 0

The text is therefore 11,8 cm wide and 18,5 high. The page number is centered at 0,8 cm starting from the foot of the last line.

Font Type

- **Text: Georgia at a size 10 points**, justified, single spacing, paragraph indent 0,5 cm, use automated widow control.

Set-up of the page and quotations - Use Roman type, *Italic* and **Bold** font. Italics should be used for foreign words that do not yet have everyday use and to stress words or short sentences. In order to emphasize sentences or quotations that are not exactly cited, make use of inverted commas (“...”); for exact quotations use guillemets («...»). At the end of the quotation provide in brackets the references to the specific pages of the source used (73-74), if these are not already specified before. Use inverted commas or apostrophes to indicate quotes within quotes. Lengthy quotations (more than 5 lines) should be separated from the text and have a blank line above and below. As they will be printed in a smaller font, it should be advisable to use it also in the manuscript. Use ellipsis dots in brackets (...) to show omission.

References embedded in the text: cite only the last name of the author followed by one space and then the year of the first publication of the work in its original language in round brackets.

- Example: Freud (1899) said that....

or insert the last name of the author followed by comma, one space and the year of publication in round brackets.

- Example: (Freud, 1899).

Page number, if known, follows the year in brackets and does not go into the reference section.

- Example: (Loewald, 1980, p. 56).

If the page number refers to the original date of the work and not to the Italian translation listed in the references section, add “original edition.” (Loewald, 1980, p. 56 original edition.). If the reference section contains more than one translation, specify the year of the translation which you are referring to.

- Example: (Loewald, 1980, p. 97 It. trans. 1994)

If there is more than one reference to the same author(s) and year, use the year and a, b, etc. Use comma to separate references and not pages, if given, when listing a string of references of the same author(s). If there are more authors, use semicolon to separate them within the same brackets. When there are two authors, cite both last names joined by and. If there are three authors, cite them all and join the last two by and; if there are more than three authors, refer to the first one followed by *et al* in Italic. See following examples:

Freud (1899) said that

According to the theory of dreams (Freud, 1899)

The principles of the cognitive therapy (Beck *et al.*, 1979) affirm that...

Kernberg (1981, p. 35) says textually that...

Eissler (1953) wrote that «Every introduction of a parameter incurs the danger that a resistance has been temporarily eliminated without having been properly analyzed» (p. 65).

Reference section: the complete reference list of the authors comes at the end of the article and consists of an unnumbered section sorted alphabetically according to their last name; for each author follow the year of publication of his works. If works were published in the same year use letters a, b, c.

If there are two authors with the same last name (for example Melanie Klein and George S. Klein), cite them alphabetically according to the order of their first name; if the last names and the initials of their first names are the same, use their full name: first and last name and also middle initial (for example Daniel N. Stern and Donnel B. Stern). After the last name and the initial of the first name, cite the year in brackets followed by a full stop.

- Example: Freud S. (1910).

Avoid spaces between first name initial and middle initial.

- Example Kernberg O.F.

Should a text have many authors/editors, you have to cite them all. The editor(s) name is followed by brackets with ed. or eds. Please quote only what it is contained in the article. If the publication year is different from that of the original one, cite it after the name of the publisher, otherwise it is enough to put the year in brackets at the beginning of the entry, immediately after the name of the author. References should be written following some common examples shown below.

Volume

- Author A (year) *Volume Title*. Place: Publisher name.

Beck A.T., Rush A.J., Shaw B.F. and Emery G. (1979). *Cognitive Therapy of Depression*. New York: Guilford Press (trad. it.: *Terapia cognitiva della depressione*. Torino: Boringhieri, 1987).

Editor(s) of a book

- Author A (ed.) (year) *Volume Title*. Place: Publisher.

Merini A., a cura di (1977). *Psichiatria nel territorio*. Milano: Feltrinelli.

- Author A, Author B (eds.) (year) *Volume Title*. Place: Publisher.

Boltanski L., Claverie E., Offenstadt N. and Van Damme S., a cura di (2007). *Affaires, scandales et grandes causes. De Socrate à Pinochet*. Paris: Stock.

Chapter in a book

- Author A (year) Chapter title. In: Author B (ed.) *Volume Title*. Place: Publisher.

Liotti G. (1985). Un modello cognitivo-comportamentale dell'agorafobia. In: Guidano V.F. e Reda M.A., a cura di, *Cognitivismo e psicoterapia*. Milano: FrancoAngeli.

Beebe B. (1983). Mother-infant mutual influence and precursors of self and object representation. In: Masling J., editor, *Empirical Studies of Psychoanalytic Theories. Vol. 2*. Hillsdale, NJ: Analytic Press.

Journal article

- Author A (year) Article title. *Journal*, vol: 00-00. DOI: 000000000

Ferrandes G., Mandich P. (2012). Riflessioni sulla medicina predittiva e sulla necessità di integrazione delle discipline: proposta di un modello di consulenza genetica integrata. *Psicologia della salute*, 3: 11-28. DOI: 10.3280/PDS2012-003002.

Authors should indicate the Doi of all the articles in journals included in the references. Doi can be obtained at the following address: <https://search.crossref.org/references>. Otherwise, they may also be found on Google.

Mimeo

- Author A (year) Article title. Presented at *meeting name*, location.

Benedetti G. (1988). "Intervento nel dibattito sulla relazione di John Gunderson al Convegno Internazionale *New Trends in Schizophrenia*", Bologna, 14-17 aprile (incisione su nastro).

Website

Follow the guidelines for printed volumes and articles, adding: text available at the website.....and the date

Figures, tables and graphs: they should be embedded into the text and allow further editing. Subtitles should be in Arial, font at size 9 points, Italic, flush left.

Tables are in Times, at size 8 – 9, heading between two lines (see example)

Title, abstract, keywords and references should be entered also in the fields provided on the OJS platform (Step 3 of the submission process, “Enter metadata”).

Table 3 – Distribution in %

	<i>Men</i>	<i>Women</i>	<i>Total</i>
Abcde	48,1	44,1	46,1
Fghi	44,7	44,3	44,5
Lmno	7,2	11,6	9,4
Total	100	100	100

Punctuation

Leave one space after but not before the following punctuation marks: full stop (.), comma (,), colon (:), semicolon (;), question mark (?), exclamation mark (!), closing guillemets (») and closing inverted commas (”);

Hyphens are used when two words modify a third word (a compound adjective).

- Example: Low-income housing
or to join numbers or pages
- Example: in the years 1970-80.

Hyphens do not have spaces around them.

En Dashes are used to stress a nested clause or phrase and to emphasize parenthetical expressions. They want a space before and after.